



Check with your local Health Centre for dates of the Eye Team visit.



Feel free to bring your glasses to the Family Vision Centre representative to have them tightened, adjusted and cleaned.

Family Vision Centre also brings a number of accessory items to the travel clinic such as cleaning solution and cloths, contact lens



Your eye care professionals.

If you have any questions or concerns please contact us.

**1-480 Range Lake Road
Yellowknife, NT X1A 3R9
Phone: (867) 669-2088
Fax: (867) 669-2006
Email: fuc@theedge.ca**

IMPORTANT INFORMATION

ABOUT YOUR CONTACT LENSES



Tel: 867-669-2088



CONTACT LENS CARE INSTRUCTIONS

Please follow the instructions for the proper care of your contact lenses.



1. Always wash your hands before touching your contact lenses.
2. Always use the appropriate contact lens solution. Never use plain water.
3. Never re-use your contact lens solution, every time you store your lenses use fresh solution.
4. Remember to clean your lenses every day by gently washing them with solution and rubbing them on your hand.

5. When you are not wearing your contact lenses make sure they are in the case with enough solution or they will dry out.
6. Never wear your contact lenses while sleeping. Your eyes need oxygen and constant wear of contact lenses will damage your eyes. As well, contact lenses will dry onto your eyes and be difficult to remove.
7. Never share contact lenses. Every one has a different prescription as well as a different base curve and your contact lenses will not



Vision is one of the most important senses.

Take good care of it by taking good care of your contact

Warranty/Benefits

Your contact lenses, are covered for 24 months from date of issue against manufacturers defect only.



Replacement as a result of misuse, carelessness or client negligence is not considered a warranty/benefit.

If you require replacement please contact Family Vision Centre and we will assist you.

For Your Information

It is recommended that you have an eye exam and contact lens refit every 2 years.

When was your last eye exam and refit?